

The Cable Tow

The newsletter of Mt. Juneau-Gastineaux Lodge No. 21

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A grand time at Grand
Communication

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visits Juneau

Youth groups grow

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a Reunion

Spring 2014



From Darkness to Light

From the East

Calendar turns and reveals change

By W. Bro. Ken Vaughan

The calendar year is already more than one-fourth gone. It went by especially fast for me, as I played hooky for two meetings, but am back for the remainder of the year, barring a crisis.

I attended Grand Lodge and then pulled an all-nighter to get a red-eye flight from Anchorage to Portland and on to Tucson where my wife has a condo. She had been in Arizona doing Grandma duty since the day after Christmas.

While in Tucson, I was able to attend a meeting of Builders Lodge No. 60 with Dan Logan, and Oasis Lodge No. 52 with my traveling companion, Galactic Goat. Galactic Goat's company is a gift from Juneau's Rainbow Girls, and I'm taking him with me as I travel as Master.

Grand Lodge voted this year to change the Alaska Masonic Code to allow business to be conducted on any degree (see Page 6 for more on this change). V. W. Bro. Dennis Oakland, one of the proponents of the change, noted Alaska was one of the few jurisdictions that had not moved to allow business to be conducted on any degree. I am quite comfortable with the change, having been attending

lodge in Arizona during the winters. Arizona does all of its stated meetings on the First Degree of Masonry.

We used the opportunity on March 18 to open on the Second Degree, ending business by observing Karac Bronyraur perform his Fellowcraft proficiency at the altar with the assistance of Senior Steward Michael Franks. We then sent "Rock" out and moved to the Third Degree so he could be raised to the sublime degree of a Master Mason.

Mt. Juneau-Gastineaux Lodge No. 21 has several men heading towards membership mile-

stones, including one who will soon celebrate the 50th anniversary of his raising. A review of the records indicates that we have some who are overdue receiving recognition from our lodge and the Grand Lodge of Alaska. The Lodge Secretary, W. Bro. Bob Heflin, and I are working to get the lists together and will catch those presentations up this year. Unfortunately, this will come too late for two of our brothers. Robert Goldstein moved to the Celestial Lodge at the end of December, just

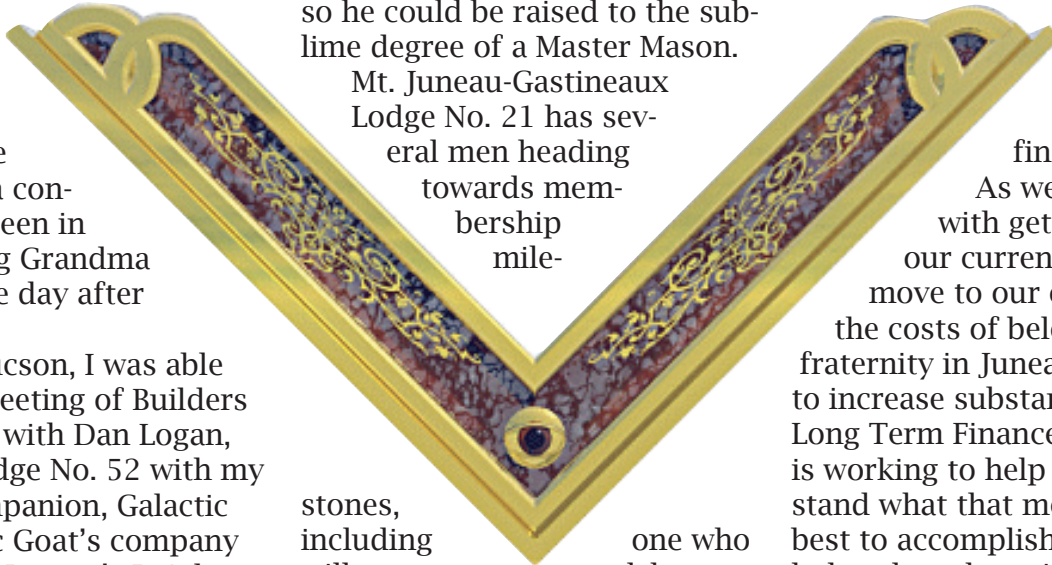
before reaching the 53th anniversary of becoming a Master Mason in January. W. Bro. Jake Hendricks would have reached his 54th anniversary date in November. He made the journey to the Celestial Lodge in February.

Grand Master M.W. Bro. Dave Worel's theme is long-range planning. He reminds us we are a fraternity with business interests. In Juneau, we have

some committees working towards long-term financial plans.

As we move ahead with getting out of our current space and move to our own building, the costs of belonging to our fraternity in Juneau are going to increase substantially. The Long Term Finance Committee is working to help us understand what that means and how best to accomplish it. Other lodges have been in the same position, and we hope to learn from their experiences. We now have an Investment Committee, made up of the current and two most recent Lodge treasurers. I am encouraged by the wealth of combined experience they offer us.

Please feel free to give me a call at (907) 957-4975, drop me an email at kvaughan@acsalaska.net if you have questions, or want to talk about Masonry. I am always glad to meet for a cup of coffee.



Meetings and events

Meeting Schedule

Mt. Juneau-Gastineaux
Lodge No. 21
First and third Tuesdays, Lodge
Room. Dinner at 6 p.m., meeting
at 7 p.m.

Lodge of Perfection, Juneau
Valley Scottish Rite
Second Thursdays, Lodge Room.
7 p.m.

Juneau-Douglas Shrine Club
Wednesdays, Juneau Moose
Lodge. Lunch at 11:30 a.m.,
meeting at noon.

Juneau Chapter No. 7, Order
of the Eastern Star
Second and fourth Tuesdays,

Lodge Room. 7:30 p.m.

Juneau Chapter No. 3,
International Order of the
Rainbow
First and third Saturdays, Lodge
Room. Board meeting at 11 a.m.
Meeting at noon.

Juneau DeMolay Chapter
First and third Saturdays, Lodge
Room. 3 p.m.

Juneau Masonic Center
Association
Last Monday, Lodge Room. 5:30
p.m.

Upcoming Events

Scottish Rite

Spring Reunion

April 24-26.

Blue Lodge

Fifth Tuesday

April 29

Bullwinkle's Pizza (Downtown),
5:30 p.m., Taku Lanes 7 p.m.

Eastern Star

100 Anniversary Celebration

May 17, Mi Casa Restaurant

Rainbow Girls

Grand Assembly

June 23-27

Shrine Club

Ceremonial

June 28

2014 Points of Contact

Mt. Juneau-Gastineaux Lodge No. 21

Worshipful Master

Ken Vaughan

Secretary

W. Bob Heflin

Juneau-Douglas Shrine Club

President

Charles Ward

Secretary

Claude Roberts

Alaska Grand Chapter of Widows' Sons

President

Dan McCrummen

Secretary

M.W. Dave Worel

Juneau Valley of the Scottish Rite — Lodge of Perfection

Venerable Master

Bob Heflin, 32°

Secretary

Lawrence Schaufler, 32°, KCCH

Juneau Chapter No. 7, Order of the Eastern Star

Worthy Matron

Vicky Atzei

Secretary

Karen Snyder

Juneau Rainbow Girls

Mother Advisor

Karen Snyder

Deputy, District No. 2

Joan Roberts

Juneau DeMolay

Chapter Dad

John Osborn

Dinner and degree work are

By Bro. Charles Ward

Though M.W. David Worel has made plenty of trips to Southeast Alaska and Juneau, he stopped in April 1 for his first visit to the Capital City as Grand Master of Free & Accepted Masons of Alaska.

Perhaps the highlight of Worel's visit was a dinner held in his honor and hosted by the Juneau Valley bodies of the Scottish Rite. As the nearly 50 Masons, ladies and guests enjoyed a feast of Thai food provided by Suwanna Café, Worel and other members of his entourage spoke of their visions for Masonry in Alaska for 2014 and beyond.

Worel's theme for his year in the Grand East is long-range planning. This means developing a strategy for securing a lodge's financial future, to be sure, but includes much more.

"In your plan, I challenge each lodge to come up with a statement that they feel is correct to

them, and this statement is an answer to the question 'What is a Mason?'" Worel wrote in the Spring 2014 edition of Light From the Great Land, the Alaska Grand

need to look at your own heart and come up with your answer."

Worel went on to give his answer to that question, an answer he says is evolving as he gains more light in Masonry.

"I am a man who believes in God. I respect others' opinions. I try to be a role model in my community. I believe in Brotherly Love, Relief and Truth."

These elements of what being a Mason means to the Grand Master led him to discuss his second point of emphasis during his term: pride in being a Mason. He laid out five elements that demonstrate how a Mason can demonstrate this, based on Maslow's Hierarchy.

Worel's Hierarchy begins with pride in our buildings, moves to making members — and guests — feel welcome, then proceeds to mak-



Lodge's newsletter, and emphasized during his talk in Juneau. "If you can't just roll that answer off when asked 'what is a Mason?' you

in moves to making members — and guests — feel welcome, then proceeds to mak-

Continued on next page

highlights of a Grand night



Opposite: M.W. Bro. David Worel stands in the East at Mt. Juneau-Gastineaux Lodge No. 21 during his April 1 visit. **Left:** Members of the Alaska Grand Line stand with Juneau's newest E.A. From left, W. Bro. Donald Hale, Grand Lecturer; W. Bro. Lawrence Schaufler, Grand Tyler; R.W. Carl Lindstrom, Senior Grand Warden; Bro. Warren Russell; Worel, Grand Master; R.W. Doug Teninty, Deputy Grand Master; R.W. John Bishop, Junior Grand Warden; V.W. Monte Ervin, Grand Orator and V.W. Roger Barnstead, Grand Historian.

ing members feel Brotherly Love and emphasizing strong ritual and Masonic education. When a lodge — or Mason — is achieving at a high level in all four of those areas, they will reach the fifth level of Worel's Hierarchy —Masons working at their full potential and full of self esteem.

Other speakers at the dinner included members of the Grand Line: Deputy Grand Master R.W. Douglas Teninty, Senior Grand Warden R.W. Carl Lindstrom and Junior Grand Warden R.W. John Bishop. Grand Orator V.W. Monte Ervin lived up to his title by also addressing the assembly. Those speakers touched on several topics, including the Grand



Lodge's visit to the George Washington Masonic Memorial and the ongoing need to support Masonic youth programs. Juneau's new DeMolay chapter received particular attention and praise as an example of a growing and improving youth group.

As dinner wrapped up, the men moved across the street for a stated meeting of Mt. Juneau-Gastineaux Lodge No. 21. Grand officers — including Lodge No. 21 members Grand Lecturer W. Donald Hale, Grand Marshal W. Dan McCrummen, Grand Sword Bearer V.W. Al Brookman and Grand Tyler W. Lawrence Schaufler — received formal introductions. Worshipful Master Ken

Vaughan opened the meeting on the Entered Apprentice degree — newly permitted under a resolution adopted at the 2014 Alaska Grand Communication — and dispensed with most regular business. This was done to ensure plenty of time to initiate Juneau's newest Mason, Bro. Warren Russell. Schaufler, Juneau's Junior Warden, conferred the degree.

The evening wrapped with final words of wisdom from Juneau's distinguished guests and Worel in the East to gavel the meeting to a close.

Juneau was the first stop on the Grand Master's tour of Southeast Alaska, which would include visits to Sitka, Ketchikan, Petersburg and Skagway.

Worel is scheduled to return to Juneau in June for the Rainbow Girls' Grand Assembly.

2014 Grand Communication

5 from Juneau move into Grand offices

By Bro. Charles Ward

Mt. Juneau-Gastineaux Lodge No. 21 is well represented in the roll of officers for the Grand Lodge of Alaska, with five men with dues cards mailed from Juneau accepting leadership appointments from Grand Master M.W. David Worel.

W. Donald Hale will serve as Grand Lecturer, W. Dan McCrummen as Grand Marshal, V.W. Al Brookman as Grand Sword Bearer, W. Lawrence Schaufler as Grand Tyler and V.W. Jeffrey DeFreest as Deputy for District No. 4, which covers Southeast Alaska.

Other members of Lodge No. 21 making the trip to Anchorage for the Feb. 6-7 Grand Communication included Worshipful Master W. Ken Vaughan, Secretary W. Bob Heflin and W. Steven Stewart. Bro. Charles Ward arrived Friday afternoon and joined with W. John May, Worshipful Master of Valdez Lodge No. 4 to give a presentation on public relations and awareness.



Worshipful Master Ken Vaughan enjoys a brief at ease with his traveling partner, Galactic Goat at the lodge training seminar Feb. 8 at the Anchorage Masonic Center. "GG" is a gift to this year's Master of Mt. Juneau-Gastineaux Lodge No. 21.

Worel will be joined in the Grand Line by Deputy Grand Master R.W. Douglas Teninty, Senior Grand Warden R.W. Carl Lindstrom and Junior Grand Warden John Bishop. Other elected officers include Grand Secretary R.W. Jerome Wasson and Grand Treasurer James Grubbs.

One resolution of note approved by the brethren in Anchorage allows lodges in

Alaska to conduct business on any of the three degrees, not just the Master Mason degree, though only Master Masons may vote. Lodge No. 21 used this new opportunity when Worel visited Juneau on April 1, conducting business on the Entered Apprentice degree. This proved particularly handy, as the lodge initiated its newest Mason, Bro. Warren Russell, that evening.



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Our new home comes closer to reality

By W. Bro. Ken Vaughan

The last three months have provided steady work for the JMCA Trustees. We have been working through options for a new home for Juneau's Masonic family and have begun working on several deferred maintenance items needing urgent attention.

We had a building inspection performed by a local engineer at about the first of the year. The inspection showed the condition of the older, brown building had deteriorated due to lack of maintenance, and the cost of repair would be about the same as the cost of replacement. The Trustees have agreed that the "tipping point" on maintenance has been substantially exceeded and the building will be demolished when the lease with Spunky Sprouts is wrapped up.

After evaluating the financial situation with the cost of demolishing the brown building, JMCA elected to proceed towards reconstruction of the yellow building. This will include adding on to the current space to provide just a bit more than 3,000 square feet of space. This is a modest space, but

will provide an affordable space for the organizations comprising JMCA, along with other appendant, concordant and youth bodies to meet. It will not be spacious and magnificent, but it will be efficient and effective. It will not be able to accommodate all the things people want, and there will be some who will be less than satisfied with it.

To run a 3,000 square-foot building, the JMCA budget will be slowly increasing to about \$40,000 a year during the next five years. That will require a substantial contribution (about \$31,000 a year) from Mt. Juneau-Gastineaux Lodge No. 21 to keep the taxes paid, the lights on, and current with necessary maintenance. That model assumes \$5,000 from Scottish Rite and \$1,750 each from the Order of the Eastern Star and the Juneau-Douglas Shrine Club. The Trustees are talking about the need for fundraising and developing an endowment fund to assist with the operations cost.

JMCA is working with its current tenant, Spunky Sprouts, on a smooth transition when its lease ends in February 2015. Plans for the new space are being devel-

oped and we will be beginning the approval processes with the Grand Lodge and City and Borough of Juneau soon.

JMCA hired Paul Hamby to remove two trees on the property at 9315 Glacier Highway. One was dead snag and the other was dying. Both of these trees presented a threat to the newer, yellow building. The trees grew up next to the power and utility lines. AEL&P, GCI, and ACS came in to remove the utility lines temporarily while the work was done. The trees were felled into the back of the soon-to-be Elks Lodge, whose cooperation was needed and appreciated. Twelve feet of fence came down and still need replacement, and there is still need to clean up of branches and debris, but a storm will not push the trees into either the power lines or the building.

There are a number of other trees along the utility lines that need to be removed and that work will progress this summer.

JMCA meets on the last Friday of each month. Our next meeting is April 28, any and all are welcome to attend.

From the South

Education helps our foundation

By W. Bro. Lawrence Schaufler

Spring is the time when we support and honor our young men and women who have strived to improve themselves by doing well in school.

Below is a story describing the Masonic Award winners at the recent Juneau School District science fair, but that is just the beginning. Mt. Juneau-Gastineaux Lodge No. 21's Stevens Trust scholarship applications are being reviewed. These scholarships are designed to award deserving, graduating Juneau seniors with a

four-year college scholarship worth about \$2,000 a year.

The Grand Lodge of Alaska also offers an annual Visual Arts & Music Scholarship, awarding those graduating seniors from Alaska who have dedicated their talents toward the arts.

Juneau Chapter No. 7, Order of the Eastern Star supports the ESTARL Scholarship program, intended for students going to college to focus on religious studies. The Juneau Scottish Rite bodies administer the Goldstein Trust Scholarship each

year, with a focus on Juneau seniors who plan to pursue vocational studies.

It is and always has been a priority with the Masonic communities of Juneau and Alaska as a whole to support education and our youth.

These are just some of the ways we do so each year. These are the young men and women who will carry our ideals on after we are gone, and it's important we support them as they begin their higher educations and vocations.



Lawrence Schaufler

Blue Lodge boosts Science Fair again

By W. Bro. Lawrence Schaufler

On March 1, judges and Bros. Michael Franks and Merchant Thompson attended the 2014 Southeast Alaska Regional Science Fair, judging for Mt. Juneau-Gastineaux Lodge No. 21's annual "Masonic Science" Award. This year's first-place honors went to



Charles McAndrews for his project "How Do Different Geometric Shapes Affect How Much Light is Lost Due to Scattering?" The second place award went to Coleman Cosgrove for her project "Approaching Perpetual Generation with Magnets".

Masonic awards are given at the science fair each

year, honoring those projects deemed to have the most potential to benefit humankind. Both students will receive a prize check and a personalized plaque.

The Lodge has been involved with the fair for more than a decade, contributing prizes each year. In addition, the Lodge's Junior Warden, Lawrence Schaufler, is the current fair director and has been involved with the fair for the past 10 years.

Juneau-Douglas Shrine Club



Al Aska Shriners Bill Bandy (left) and Claude Roberts (center), along with Fellowcraft Mason Craig Bumpus sell tickets to a raffle for the boat seen in the picture on April 15 at Western Auto. The Juneau-Douglas and Sitka Shrine clubs are raffling the boat to raise money for the Shriners Hospitals for Children's Al Aska Patient Travel Fund. The boat will be given away on July 4 at Sandy Beach.

Fun, fireworks and a free boat

By Noble Claude Roberts

The Juneau-Douglas Shrine Club is working with the Sitka Shrine Club to raffle off a 23-foot boat built at Precision Boat Works in Sitka. Proceeds from the raffle will benefit the Al Aska Patient Travel Fund, which helps families of children at our Hospitals offset expenses outside of the patient's travel costs, such as food, lodging and flying family members with the child.

The boat comes with a new engine and trailer. Tickets are just \$20. The clubs have combined to sell more than 3,000 tickets already, with sales going on until July 4.

Independence Day will be a

busy day for the Juneau-Douglas Shrine Club. In addition to hosting Nobles from Sitka to raffle off the boat, we will be riding, driving and walking in the Juneau and Douglas 4th of July parades. In addition to the usual collection of mini-Vetts, mini-bikes and Model 'T's, we will also ride six scooters donated to us from the Skagway Shrine Club. We hope to be joined by DeMolay, the Rainbow Girls and Shriners from Yukon Club No. 30. A couple of Juneau-Douglas Shriners may make their ways across the border for Canada Day on July 1.

The Juneau-Douglas Shrine Club will host a ladies' luncheon from 11:30 a.m. - 1

p.m. on May 14 at the Moose Lodge. We are also planning a Ceremonial on June 28, so Master Masons interested in being created as a Noble can get on board prior to the July 4 festivities.

The Juneau-Douglas Shrine Club also earned two very important honors from Al Asla Shrine in 2013. The Club earned selection as Shrine Club of the Year, its fifth selection in as many years. The Temple also tapped Noble Harley Clough as its 2013 Shriner of the Year. Clough's award noted his many year of service and support of both Nile and Al Aska temples, and the Shriners Hospitals for Children.

Scottish Rite

Juneau bodies set for a busy spring

By Bro. Lawrence Schaufler, 32°, KCCH

March and April are traditionally the busiest months of the year for the Juneau Valley Scottish Rite, and this year is no exception. In March, the Valley sent three representatives to the biannual Scottish Rite Leadership Training Conference, this year held in Portland, Ore. In addition to Venerable Master Bob Heflin and Senior Warden Ken Vaughan, the Valley selected Bro. Charles Ward, 32°, KSA, as its Fellow this year. Each Fel-

low is given a specific charge to help implement and maintain the Supreme Council's Strategic Plan in the Valley.

Added to all of that, the Valley is also putting together the schedule and preparations for the annual Reunion on the last weekend in April. For this event, the only initiation the Valley holds each year, nearly all of the local and visiting members play a role (sometimes many). Our Deputy, Ill. Dale Cain, 33° plans to be in attendance and will take part in the degrees, as will other visiting dignitaries.

The Valley officially goes dark after its May meeting and remains so in the summer, but a Master Craftsman study group is planned. The Master Craftsman program uses materials published by the Su-



preme Council, 33°, S.J., U.S.A. to further the Masonic educations of anyone interested in learning more. If anyone is interested, please contact Ill. John Barnett, 33° for more information.

KSA makes plans for swords, plowshares

By Bro. Charles Ward, 32°, KSA

Ceremonies to welcome new knights and honor one of Juneau's youth leaders bookend the KSA's plans to honor long-departed brothers in the coming months.

The Juneau Chapter of Knights of St. Andrew will serve at the Reunion of the Juneau Valley bodies of the Scottish Rite, scheduled for April 24-26. KSA will aid in the set up and take down of the props and stage elements during the Reunion, along with presenting the 29th Degree.

The Knights will also hold their annual meeting on the evening of April 26, with plans to dub new knights and choose officers for the coming year.

With the guidance and wisdom of V.W. Bro. Jim Devon, the Knights recently scouted out the location of Masonic gravesites in the Old Douglas cemetery,

See Swords on next page

Celebrating a century as brothers and sisters

By Lawrence Schaufler, Worthy Patron

Juneau Chapter No. 7, Order of Eastern Star, is seeking

photos, anecdotes, and historical information about Eastern Star in Juneau and Douglas in preparation for

its centennial celebration. The chapter chartered April 3, 1914, and will

See Century on next page

Swords

Continued from previous page

and later tidy the grounds and refurbish the tombstones marking those sites.

KSA will continue its service mission in June, aiding with transportation and logistics for the Grand Assembly of Alaska's Rainbow Girls, held this year in Juneau. This includes honoring Grand Worthy Advisor Sorcha Hazelton with an Arch of Steel. Juneau's Hazelton has been an active Rainbow Girl for several years, and is a member of Juneau Chapter No. 7, Order of the Eastern Star.

"We're honored to be a small part of the celebration of Sorcha's year as the leader of Alaska's Rainbow Girls," Juneau KSA Chieftain Charles Ward said. "She's been a model for Alaska's youth to follow, and we're pleased help out with this event."



W. Bro. Jim Devon, back, and Ken Vaughan, 32°, KSA, drive out to the Old Douglas Cemetery so that Devon can show the Knights of St. Andrew where the Masonic burial section in Douglas was. The KSA is planning to recover the area from the weeds that have overgrown it, and the debris that has claimed it.

Gains give boys momentum

By Dad Lawrence Schaufler

At the beginning of this year, several local Masons made history by starting the new Juneau DeMolay Chapter, after a nearly 50-year lapse since the folding of the Royal Arch Gunnison Chapter in the late 1960s. Chairman of the Advisory Council, W. Bro. Steven Stewart, along with Chapter Dad John Osborn, and several other key members have worked hard to see this effort off the ground.

On Jan. 4th, Jacob Osborn and Jesse Dowell became the first boys initiated into DeMolay in Juneau in about half a century. Since



Advisors and Dads celebrate the initiation of the first two DeMolays in Juneau in nearly 50 years. Seen here are, left to right, Advisory Board Chairman Steven Stewart, Chapter Dad John Osborn, DeMolay Jesse Dowell, Dad John Barnett, DeMolay Jake Osborn, Dad Lawrence Schaufler, Advisor Jeffery Brunson from Washington state and Advisor Jerry Parton, also from Washington.

then, the Chapter has initiated two new DeMolays, John Yalung and Elijah Sheakley Jr., along with two Squires, Mason Harris and Mer'chant Thompson Jr. The Squires program is designed for boys who are just shy of the minimum age of 12 for DeMolay

Juneau is currently the second active chapter in the state, with hopes of a new chapter beginning soon in Anchorage. If you know of boys and young men aged 10-21 years old who might be interested in a lot of fun events and activities intended to help improve their leadership skills, civic awareness, and personal responsibility, contact Dad Osborn for more information.



Century

Continued from previous page

host a limited seating dinner on May 17 at Mi Casa in the Mendenhall Valley.

Juneau Chapter No. 7 is putting together a slide show and presentation of the 100-year history of OES in Juneau and welcomes con-

tributions to this project.

The Chapter also reports the recent initiation of two new members to the Chapter. Sister Lynn Roldan is a longtime member of the Juneau Masonic community, having served on the Rain-

bow Girls' Advisory Board for many years. Sister Barbara Woolcot is the sister-in-law of W. Bro. Jeff Polizzotto.

Finally, after an 18-month effort, the Chapter received its tax exemption certification from the IRS.

Through the viewfinder



Above: Al and Georgenne Brookman crack a smile April 1 at the Aspen Hotel. The meal was held to honor M.W. Bro. David Worel, Grand Master of Masons in Alaska. Behind the Brookmans are W. Bro. Bob Heflin, left, secretary of Mt. Juneau-Gastineaux Lodge No. 21, and Bro. Warren Russell, Juneau's newest Entered Apprentice. **Below:** W. Bro. Ken Vaughan, back right, listens to a speech during the Grand Master M.W. David Worel's April 1 visit. Also seen are, left, Junior Grand Warden R.W. Bro. John Bishop and, near right, Senior Grand Warden R.W. Bro. Carl Lindstrom.



Above: W. Bro. Donald Hale, near right, and W. Bro. Claude Roberts, far right, present their parts during the ceremony honoring M.W. Bro. George Washington on Feb. 21, one day shy of the 282nd anniversary of Washington's birth. Nearly 20 people came out to El Sombrero to take part in the Washington's Birthday celebration.



Members of DeMolay take a break, right here in Juneau, Alaska.

More on Maslow's Hierarchy

Psychologist Abraham Maslow introduced his hierarchy of needs in 1943 in an effort to explain motivation and the innate curiosity of humans. The needs begin with the most basic — physiological — and advance through the top of the pyramid at self-actualization. As more needs are met, a human can function at higher levels. For example, if a human's physiological needs are not met, he will die. Maslow suggests a human's anxiety will decrease as he can meet more of these needs, and the highest level of human function comes when a man no longer has to concern himself with

meeting these needs and can focus on self-improvement. Those levels are, lowest to highest, 1) physiological needs, 2) safety and security, 3) love and belonging, 4) esteem and 5) self-actualization.

Grand Master M.W. Bro. David Worel modified Maslow's Hierarchy to become a guide for Masons to use to increase the pride they have in themselves as men and Masons. His hierarchy is 1) pride in our buildings, 2) Extending friendship to members and guests, 3) ensuring members feel Brotherly Love and that the Lodge is a welcoming place for their families, 4) maintaining self-esteem through

mentoring and ritual and 5) using the self-esteem built through the first four levels, a Mason can unleash his full potential for the betterment of himself, his family, his community and his fraternity.

For a more on Worel's hierarchy, please see the Spring edition of Light From the Great Land, the newsletter of the Grand Lodge of Alaska, available at bit.ly/1p1IH9.

Sources:

- Maslow's Hierarchy of Needs. Wikipedia. Web. 26 March 2014. Accessed 13 April 2014. http://en.wikipedia.org/wiki/Maslow%27s_hierarchy_of_needs.
- Worel, David. "Grand Master's Message". Light From the Great Land. Spring 2014. 3-5. Online.